Plan Distrital de Bilingüismo



SESIÓN EN VIVO #1: Brain Mode Saber 11: English Learning Neurohackers

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Alcaldía Mayor de Bogotá D.C.

Secretaría de Educación

Bogotá

AGENDA

01 CHECK-IN

02 MEMORY

03 ATTENTION

04 CONCENTRATION

05 TAKEAWAYS

06 TOOLKIT

HOW ARE YOU TODAY?

Write your answer in the chat...



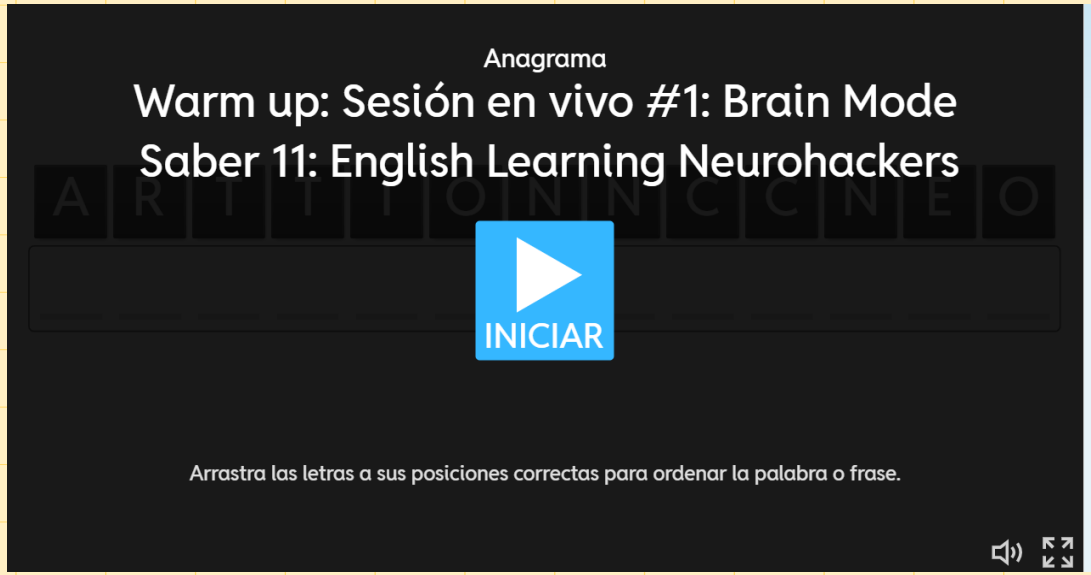
Let’s discover some words related to today’s topic:

Brain Mode Saber 11: English Learning Neurohackers

What words come to your mind?

Let's see other words.

1. **Look at the letters**
2. **What is the hidden word?**
3. **Write it in the chat**



https://wordwall.net/es/resource/109612202

Our focus today:

Cerebro en Modo Saber 11: Neurohackers *del Aprendizaje en inglés*

Memory
Attention
Concentration

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Memory



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MEMORY



https://www.youtube.com/watch?v=YZUiJLi7zow&t=5s

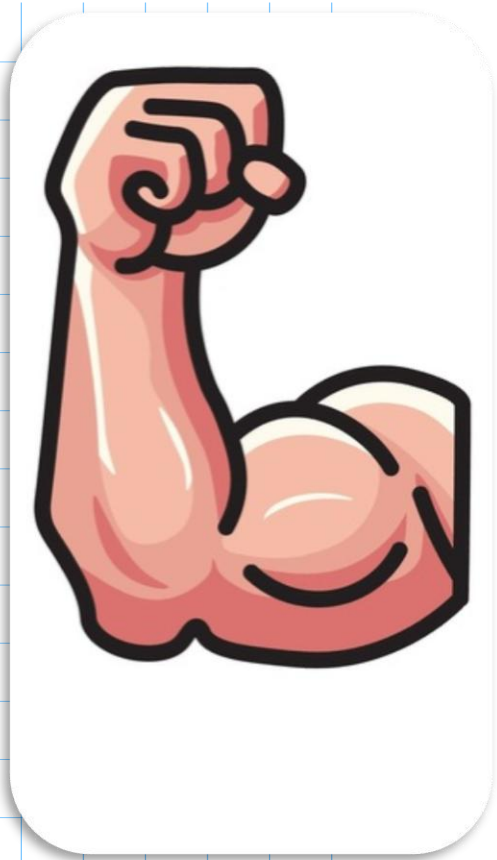
Let's test your memory

Answer the questions in the chat while watching the video



Memory is a muscle, not a box

People think that memory is like a box: You are born with a small or a big box. False!
MEMORY IS A MUSCLE, and it becomes stronger with training.



How to train your memory

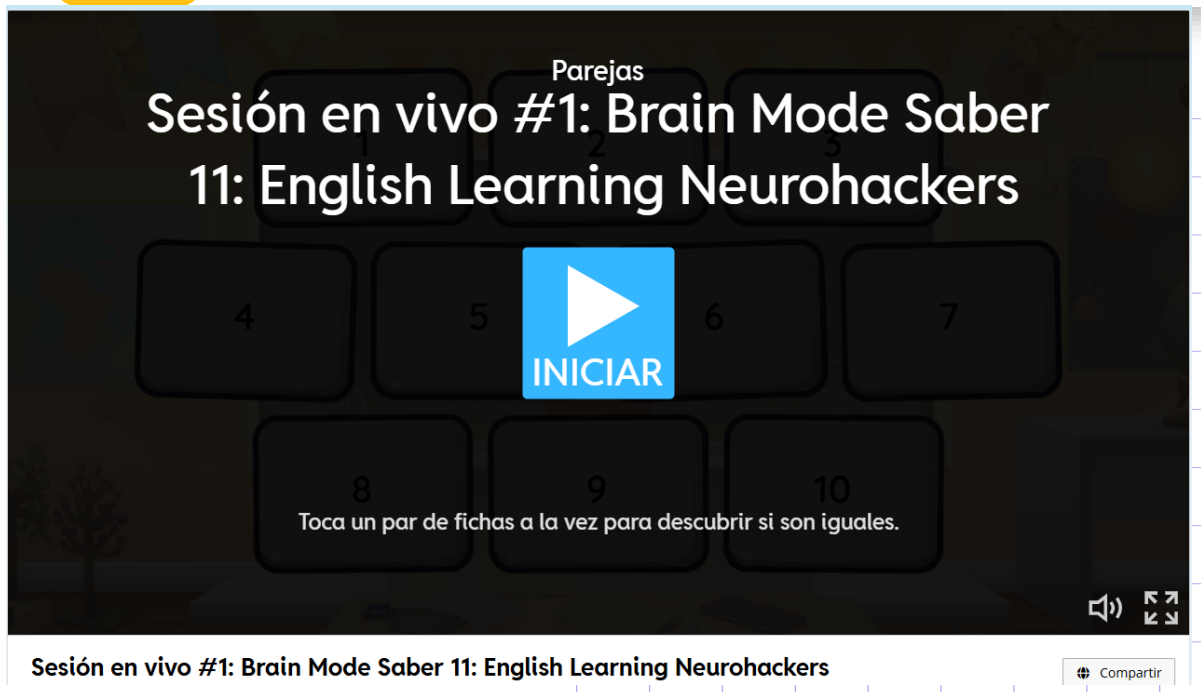


An athlete does not train 10 hours in one day before the Olympics. They train a little every day.

This is **spaced repetition.** Your brain needs rest to grow stronger.

If you study 20 minutes today and 20 minutes tomorrow, your memory is much stronger than studying 2 hours in one day. 💪🧠

MEMORY



Let's practice!

1. You will see some **connectors** that are common in *Prueba Saber 11*
2. Participate in the chat
3. When we make a match, write a sentence about yourself using the connector

https://wordwall.net/es/resource/108610038



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Attention

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ATTENTION



https://www.youtube.com/watch?v=dbjPnXaacAU

Let's test your attention

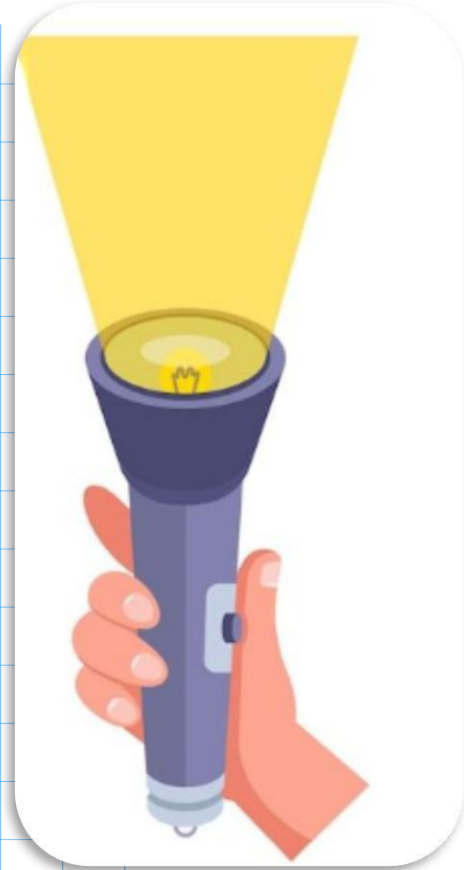
Answer the question in the chat



Attention is like a flashlight

Imagine your attention is a **flashlight** in a dark room (the exam).

If you try to light the whole room, the light is weak.
But if you focus on one place, you can see every detail. In the Saber 11 test, your attention is your superpower.



How to train your attention

Training your attention is like changing from a light bulb to a strong flashlight.

A light bulb lights everything, but a flashlight shows one point.

In the exam, the noise is difficult words that try to distract you. Your job is to ignore them and look for the **key words, like a flashlight.**

ATTENTION



Let’s practice with part 2 of the exam

A. in a subway

B. in a hospital

C. on a menú

What words do you need to **light?**

Wash hands before and after



ATTENTION



A. in a department store

B. in a bookstore

C. in a supermarket

What words do you need to **light?**

RETURN CLOTHES HERE.



ATTENTION



What words do you need to **light?**

A. At the hospital

B. On the board

C. On the playground

Slow Down. Kids and pets at play



ATTENTION



What words do you need to **light?**

A. On a bus station

B. On a mobile phone

C. On a box

Enter your password to continue



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Concentration

CONCENTRATION



https://www.youtube.com/watch?v=q2PaH-NRBKY&t=1s

Let's test your concentration

Answer the questions in the chat



Concentration is like watching a movie in your mind

Imagine your concentration is like watching a movie in your mind 🎬 while you read.

If you only see words, the meaning is not clear. But if you create a clear mental picture, you can understand the text better.

In the Saber 11 test, your concentration helps you turn sentences into real situations.



How to train your concentration

Words on a page can feel abstract, but a **mental image** makes the meaning clear.
In the exam, your job is to **imagine the information described**. Then choose the answer that matches your mental picture.

CONCENTRATION



Let's practice with part 1 of the exam

1. We put something under our arm when we have this.

A. dentist

B. ambulance

C. hungry

D. a temperature

E. tired

F. cold

G. sick

H. a capsule

I. nurse

Make **a mental picture** about this sentence



CONCENTRATION



Let's practice with part 1 of the exam

2. You cannot go to school when you feel like this.

A. dentist

B. ambulance

C. hungry

D. a temperature

E. tired

F. cold

G. sick

H. a capsule

I. nurse

Make **a mental picture** about this sentence



CONCENTRATION



Let's practice with part 1 of the exam

3. This person works and helps us with our teeth.

A. dentist

B. ambulance

C. hungry

D. a temperature

E. tired

F. cold

G. sick

H. a capsule

I. nurse

Make **a mental picture** about this sentence



CONCENTRATION



Let's practice with part 1 of the exam

4. You take your jacket when you feel this.

A. dentist

B. ambulance

C. hungry

D. a temperature

E. tired

F. cold

G. sick

H. a capsule

I. nurse

Make **a mental picture** about this sentence



GOOD JOB!

Now, it's time to check our takeaways...



TAKEAWAYS: Complete the text in the chat

1

🧠 My **memory** gets stronger when I _____.

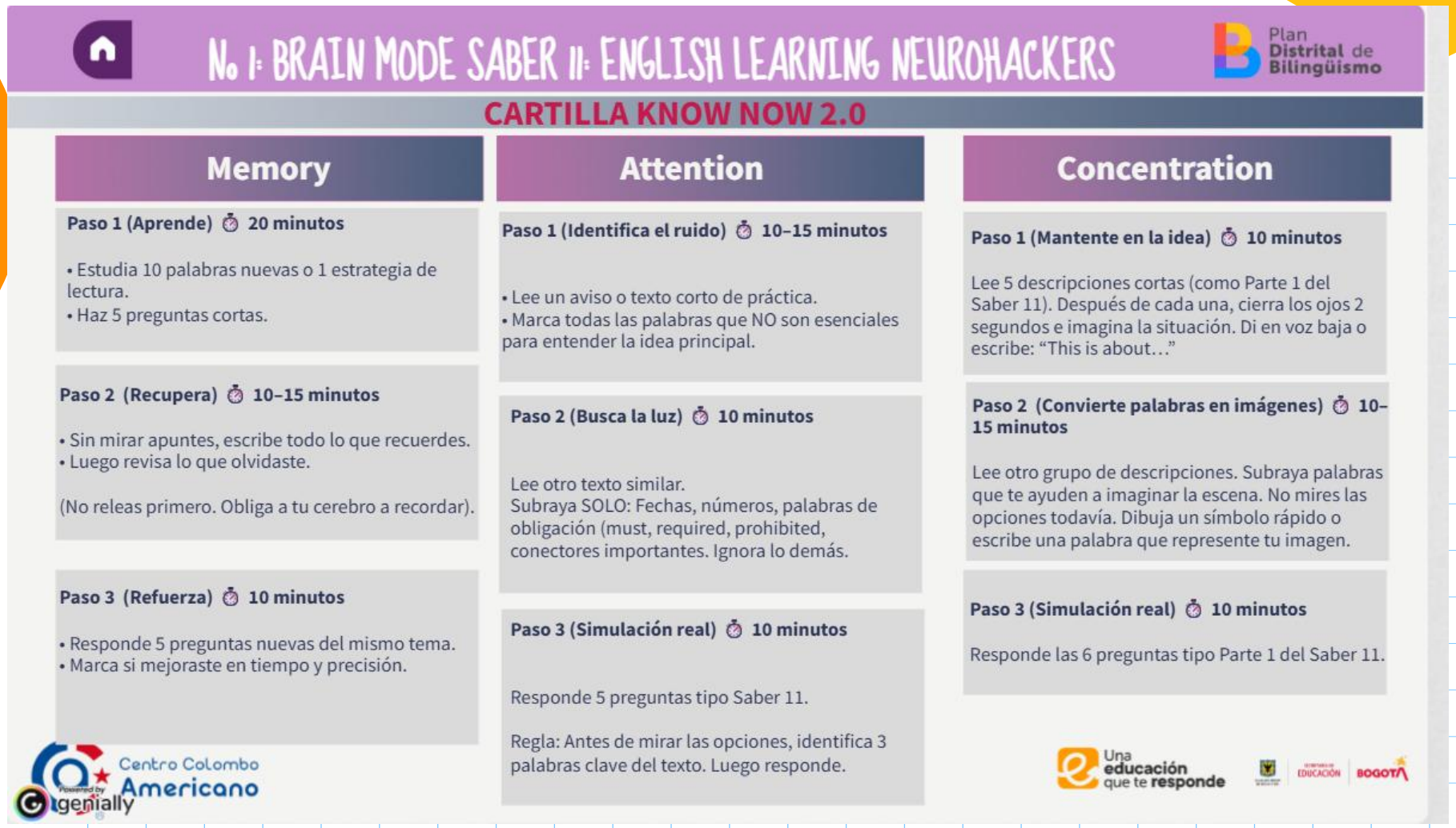
2

🎯 I improve my **attention** when I _____.

3

My **concentration** improves when I make a mental _____ while I read.

Explore our ToolKit for extra practice



https://view.genially.com/69a769964e341d6b65410d37/interactive-content-toolkit-webinars

Encuesta de satisfacción & Asistencia



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